COURSE DESCRIPTIONS

AWHONN Fetal Heart Monitoring Principles & Practice Instructor Enhancement Course (AWHONN IEC)
Successful participants of the FHMPP workshop should consider attending the Instructor Enhancement Course (IEC) which trains qualified nurses to teach the FHMPP workshop. The IEC is a one-day course (8.7 contact hours) that focuses on the principles of adult learning and the application of these principles to the FHMPP workshop. Calendar of Classes.

AWHONN Fetal Monitoring Principles & Practice - 2 day workshop (AWHONN FMPP)
The two-day workshop (18.3 contact hours) is offered in a standardized format that can be used as a competency assessment to validate the knowledge and skills of experienced nurses. Participants analyze case scenarios using key physiologic principles covered in the course manual which must be read before class. The sessions offer demonstration, practice, and testing of the following skills: auscultation, performing Leopold's Maneuvers, placement of an intrauterine pressure catheter and spiral electrode, interpretation of tracings, identification of indicated nursing interventions and communication and documentation. Calendar of Classes.

Care of the Breastfeeding Family:
Nursing Practice that Promotes and Protects Human Lactation
This course includes information on the advantages of breastfeeding, the uniqueness of human milk, anatomy and physiology of the human breast and hormones involved in lactation. Participants will also learn the barriers to breastfeeding, common myths and counseling techniques. Latch-on and positioning is described and demonstrated and information about support during the early days is included. Management of common breastfeeding difficulties and nursing beyond the first month is discussed. Information about the Baby-Friendly Hospital initiative and local, state and national breastfeeding resources are provided. (7.8 CNE’s) Calendar of Classes.

Caring for the Antepartal Patient
Upon completion of the class, participants will be able to define methods of antepartum testing, identify multidisciplinary components of the nursing care plan for the long-term antepartal patient, describe the physical and psychosocial effects of bed rest and list nursing interventions related to antepartum care. Fetal Monitoring 1 or a basic knowledge of fetal monitoring is recommended. Hi Risk Maternal Care serves as a companion module for this offering.

Family Issues
This course covers methods of screening for Family Violence, assessment and intervention for maternal postpartum depression, maternal and fetal discharge teaching and strategies for caring with a family experiencing a newborn loss. (7.8 CNE’s) Calendar of Classes.

Fetal Monitoring I (FM I)
Fetal Monitoring I is a basic fetal monitoring class designed for the nurse who is new to obstetrics. This course covers the basic concepts of Fetal Monitoring to include different methods of monitoring, FHR baseline, variability, physiology of FHR patterns and associated interventions as well as methods of Antepartum FHR assessment.

Fetal Monitoring II (FM II)
This course is an extension of the FM I course and includes acid-base balance, fetal dysrhythmias, legal implications, and concludes with case studies and discussion. This course is a natural progression from FM I and is best suited to audiences whose clinical experience exceeds 6 months. FMII is recommended for participants who have had at least 6 months experience with using the electronic fetal monitor. (8.7 CNE's) Calendar of Classes.
High Risk Maternal Care
This module covers four frequently encountered complications of pregnancy: Diabetes, Preterm Labor, Pregnancy Induced Hypertension/HELLP/DIC, and Obstetric Hemorrhage. Content is based on review of the current literature and includes diagnosis, medical management and nursing implications throughout the pregnancy continuum. (7.8 CNE's) Calendar of Classes.

Low Risk Maternal Care
This module is for nurses new to obstetrics. The course begins with a review of reproductive pathophysiology and proceeds to methods of inducing or augmenting labor, comfort measures for labor, the nurses role in Cesarean sections, VBAC's, the use of IUPC's and ends with discussion of legal issues, standards of care and case studies. (No CNE's) Calendar of Classes.

Neonatal Resuscitation Program (NRP)
Neonatal Resuscitation Program is the AAP/AHA program that provides evidence-based guidelines for the resuscitation of the neonate at delivery. The course consists of a self-study manual that must be completed before class and a one day class that includes didactic review, written tests and skills checkoff. Successful completion of course provides card issued that must be renewed every two years. (No CNE's) Calendar of Classes. FMI is recommended for participants who have had at least 2 weeks experience using the electronic fetal monitor. (8.7 CNE's) Calendar of Classes.

Normal Newborn Adaptation
Through this course the participant will be able to outline the process of newborn neurologic, motor, sensory and emotional development; list 6 tools used to assess newborn neurosensory structural or functional development and state 4 interventions to support newborn neurosensory adaptation to extrauterine life. (7.4 CNE's) Calendar of Classes.

Perioperative Nursing in OB
This course is designed to familiarize novice nurses with Perioperative Guidelines as promulgated by AWHONN and to give direction in applying these guidelines in their own practice in order to provide “same standards of care” in the Perinatal Perioperative setting. The course will familiarize nurses with the assessment, interventions and evaluations of the Perinatal Perioperative patient, the effects of anesthesia/analgesia on both the mom and the newborn, towards improving the quality of care to every obstetric patient.

Professional Issues
This module seeks to promote critical thinking, informed decision-making, and equip nurses to function effectively and responsibly regarding moral, theoretical and professional issues. It aims to enhance awareness of the context in which nursing occurs and the influence of social, historical, political, economic and cultural factors. Interaction and discussion is facilitated with the goal of improving reflectivity and expression of ideas related to nursing. (CNEs) Calendar of Classes.

RNC Certification Review Courses
These courses are comprehensive reviews of obstetrical nursing from antepartum through delivery, postpartum and care of the newborn. The reviews can be used to prepare for the Inpatient Obstetric Nursing Certification Exam that is offered by the National Certification Corporation (NCC) and as a professional development course to expand knowledge and skills regarding current obstetrical nursing practice. Independent study will be encouraged to optimize the lecture portion of the course. (No CNE)

Touchpoints
The Touchpoints project is a training model for professionals, developed by Dr. T. Berry Brazelton which focuses on utilizing predictable periods of disorganization in child or family development as opportunities to build alliance between parent, child, and provider. The goal is optimum parent/child development. (9 CNE's) Calendar of Classes.